



Our Anti-Bullying Policy



Our school community appreciates and accepts others, and celebrates the achievements of all. We have supportive and trusting relationships with God and all his children. We take responsibility and welcome absolutely everyone into a caring and safe environment, where we are all guided to work together.

What is bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people. It can be towards one person or a group of people.

A useful way to remember bullying is

Several Times On Purpose



- Hurting or saying you are going to hurt someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people
- Stealing or damaging someone's things
- Ignoring someone on purpose or leaving them out
- Sending unkind notes, texts, emails or online messages to someone or about someone.



Bullying can be about:

- Race or ethnicity (racist bullying)
- Religion or belief
- Family or culture
- Gender- e.g. because they are a boy or a girl or saying they act 'like a boy' or 'like a girl'
- Homophobic or biphobic bullying- This is saying unkind things because someone is lesbian, gay or bisexual, or because you think they are, or because they have 2 mums or 2 dads. Or calling someone these names on purpose to be unkind (e.g. you're so gay!)
- Transphobic bullying- This is saying unkind things because someone is trans or because you think they are trans (someone who feels the gender they are given as a baby doesn't match the gender that they feel themselves to be).
- Special educational needs or a disability
- What someone looks like
- Where someone lives.



If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family or friends, that is bullying. No one should be picked on for being different in anyway, for how they act, what they look like or who their family are.

Why does bullying happen?

Although bullying doesn't happen very much at school it might happen. Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel bad about themselves. If you are being bullied remember that it is never your fault.

Where does bullying happen?



What should I do if I think someone is being bullied?

Talk to the person and ask if they are OK and try to find out if they are being bullied. If they are, ask if you can help them talk to an adult they trust.

If you are being bullied it is important to tell someone you trust. You can:

- Tell a teacher
- Tell a playground pal or antibullying representative
- Tell another adult in school (teaching assistant, lunchtime supervisor or the school office staff)
- Tell an adult at home
- Write a note in the worry box
- You can also call ChildLine at any time for free on 0800 1111.

If you tell a teacher or an adult in school, they may tell another teacher, parents or carer so that they can all help you. Telling an adult will never make the bullying worse. If you have already told an adult, tell them again. They will talk to you and the person to find ways to stop them.